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## **So-Yah! Shirataki Noodles from House Foods America**

The So-Yah! gourmet soy product line was introduced to the market back in March in order to meet consumer demand for convenient, flavorful and nutritious soy products. The product line, which is carried by the House Foods America Corporation, features So-Yah! Shirataki Noodles in the flavors of Creamy Coconut Curry and Red Vindaloo Curry. Nutrition information that will serve as music to the ears of health conscious individuals is the fact that a single serving of So-Yah! Shirataki Noodles provides just 190 calories.

A few of the most intriguing characteristics of So-Yah! Shirataki Noodles include their unique texture and bold, spicy flavor. So-Yah! Shirataki Noodles are an ideal alternative to pasta due to the fact that they provide lower calories and lower carbohydrates per serving. These noodles are ideal for those who suffer from gluten and dairy intolerance due to their delicate nature in combination with a blend of beneficial ingredients that assist the digestive system.

To go along with Creamy Coconut Curry and Red Vindaloo Curry So-Yah! Shirataki Noodles, So-Yah! Tofu Shirataki Noodle meals are also available for purchase at health food stores such as Henry's, Ralphs, Sprouts and Whole Foods as well as select nationwide supermarket chains. If you are interested in learning more about the So-Yah! gourmet soy product line, pay a visit to **House-Foods.com** at your earliest convenience.